



---

**Does postponing minimum retirement age improve healthy behaviours? Evidence from Middle-Aged Italian Workers (Seminario Interno)**

Marco Bertoni (Università di Padova) with Giorgio Brunello, Gianluca Mazzarella

Martedì 19 Gennaio 2016, ore 12.30, Aula della Scuola di Dottorato, Palazzo Cà Borin, Via del Santo 22, Padova

We use the exogenous variation in minimum retirement age induced by a sequence of Italian pension reforms during the 1990s and 2000s to estimate whether postponing retirement age increases individual investment in healthy behaviours before retirement. We find that lengthening the working horizon increases the likelihood of carrying out sports regularly, and reduces smoking and drinking. Longer time to retirement also reduces the likelihood of consuming red meat and soft drinks daily, and the prevalence of obesity, but these effects are less precisely estimated.